Infinite Skin
Aesthetic Medical Spa

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Post Chemical Peel Instructions

Post-Treatment Tips

After receiving your chemical peel, you may experience some light flaking in a few localized areas for up to five days and slight redness for one to twelve hours. Although you may or may not actually "peel" during the first one or two treatments, you will probably experience slight exfoliation and your skin will feel tight and pulled.

The following post-treatment tips are also recommended to maximize the benefits to your skin:

- Do not apply any medications following treatment not recommended by your technician.
- It is ideal to let the skin stabilize and rest overnight, but makeup can be applied following the treatment if absolutely necessary.
- Avoid direct sun exposure and excessive heat. Use your daily sunscreen protection.
- Do no pick at or pull on any loosening or exfoliating skin. This could potentially cause hyperpigmentation.
- Do NOT go to a tanning booth (ever!) for at least three weeks before or after a treatment.
- Discontinue the use of Retin-A®/Renova® or Differin® for seven days after treatment.
- Do not have electrolysis, collagen injections, facial waxing or use depilatories for approximately five days after the treatment.
- Do not schedule another treatment until your technician advises you to do so. Which is typically 3-4 weeks.

For Two Days Following

- Do not put the face directly into a hot shower spray. Do not use Jacuzzis, steam rooms or saunas.
- Do not go swimming or participate in activities that would cause excessive perspiration.
- Do not direct a hair dryer onto the treated area.
- Stay cool! Getting heated internally can cause hyperpigmentation.

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